

# Full time Accredited Exercise Physiologist Position

## Summary

- Advance the role of exercise treatment to improve the lives of others.
- Work closely with doctors, specialists, other allied health, and health organisations.
- Opportunity to grow professionally surrounded by high quality practitioners.



Manage successful exercise programs delivered in the community, while developing and building your own exercise and health programs. Become part of a new team and lead this team to improve the health and wellbeing of Western Sydney residents.

## About us

New Edge Performance is well-established and has been providing Exercise Physiology services throughout western Sydney for the past 8 years. I am currently looking to develop a high-quality allied health team to improve the lives of people in western Sydney. I am interested in speaking to Accredited Exercise physiologists who are after either full time or part time employment.

## About the role

The role as an Accredited Exercise Physiologist with New Edge Performance is varied throughout the week, no day is the same. From providing exercise treatment in medical centres alongside proactive general practitioners, running exercises classes in the community (including a very successful government funded falls prevention program), and gym/home visits. This role will challenge you daily and you will pride yourself on having a positive impact on the local community, especially the health and independence of the aging community. This role includes a mix of work within medical centres, community facilities, Residential Aged Care Facilities (RACFs) and home/gym visits across Parramatta, Castle Hill, and other western Sydney areas.

Currently looking to start the role in early July 2022.

## Tasks & responsibilities

- Assessment and screening of patients.
- Providing supervised exercise treatment.
- Developing and implementing exercise treatment plans for a wide range of conditions.
- Case conferencing with GPs and specialists.
- Supervising group education and exercise sessions.
- Running of community exercise programs.
- Health promotion to the local community.
- Communication with GPs and specialist to promote services and programs.
- Working with technology to enhance the service.

## Skills & experience

- Accreditation in Exercise Physiology through Exercise and Sport Science Australia (ESSA) or ability to achieve this within 1 month of starting.
- Current first aid/CPR, police check and working with children check desirable.
- Exceptional communication and interpersonal skills.
- Excellent attention to detail and organisational skills.

- Excellent computer and technology skills and interest in health technology.
- Interest in improving the lives of the aging community.

**Benefits**

- Flexible working hours for improved work-life balance.
- Laptop, tablet and mobile phone to use with your role.
- \$1,000 professional development budget per year.
- Travel reimbursement for work related travel.
- Ongoing mentorship and professional development by an Accredited Exercise Physiologist with 14 years' experience.
- The opportunity to manage a leading government-funded falls prevention program.
- The opportunity to specialise into certain areas of healthcare and develop your own exercise/health programs.
- The opportunity to work alongside Australia's leading general practitioners and health networks.
- Access to CareMonitor, which is a shared care, real-time remote monitoring and population health management platform with telehealth capability.
- Varied work environment and case load.
- Above award wages, paid parental leave and more.